



Chemin de CLUNY : GUYENNE - GASCOGNE

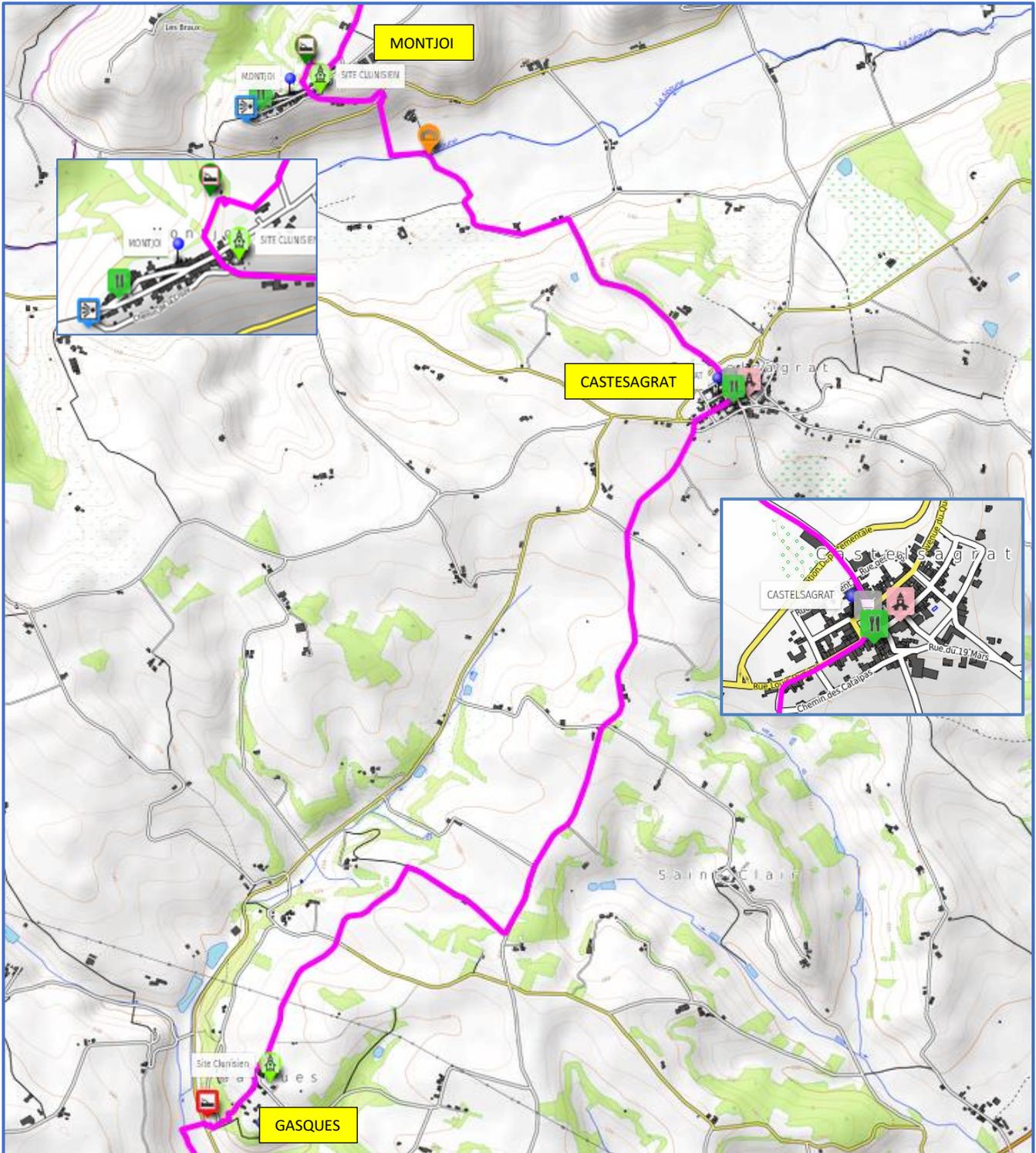


DIRECTION WEST - EAST: AGEN - MOISSAC



STAGE 4 R: Montjoi – Castelsagrat - Gasques

Section length: 8 km Allow: 2h40mn Height difference: +190m /- 203m – Difficulty: Medium



Waymarking: Red and green



Driving distance to Montjoi is 30km from Agen and 21km from Moissac

Parking: Car park in front of the 'Salle de Fête' (on the main road, 200m from the arched stone entrance to the village)

Start point: *Arched stone entrance to village*

Montjoi to Castelsagrat

Distance: 3.1km Duration: 1hr 10 min Total Ascent 78m / Total Descent 92m - Difficulty: Medium

Montjoi and its church of St. Martin were former dependencies of the Cluniac Abbey of St.Maurin. Montjoi is situated at the boundaries of the regions of 'Nouvelle Aquitaine' and 'Occitanie' and the départements of the 'Lot et Garonne' and 'Tarn et Garonne'.

It is well worth visiting the pretty fortified village ('bastide') of Montjoi. To do so, pass through the 14th Century stone arched entrance and walk along the road through picturesque medieval houses. At the end of the village continue past the green and you will come to a view point overlooking the valley of the river 'Séoune'. Just below the viewpoint, follow a path to the left, which leads you below the village and back near the stone arched entrance. This path gives beautiful views of the surrounding countryside.

Follow the **D46** downhill until a hairpin bend. Follow the bend round to the right (direction '**Agen**'). After **20m**, as you come out of the bend, watch out for a grassy path on your left which bends sharply back. Take this path and follow it down a steep grassy track to the valley.

At the bottom of the hill, you meet another grassy path where you turn left, following a small river (**La Séoune**). After approximately **200m**, watch out for a small metal bridge in the trees. Cross the bridge and turn left. Then almost immediately turn right across the fields, leaving the stream behind you. The path terminates at a tarmac road near a house ('**Garros**'). Here turn left. After about **400m** (at '**La Riviere**') take the first road on your right, which leads up a steep hill towards the village of **Castelsagrat**.

At the top of the hill, at the stop sign, cross over a road (the village bypass) and carry straight on along the road which leads to the village square '**Place de la Liberté**'.

The listed 14th century church of Castelsagrat with its magnificent altar is well worth a visit. The key is available from the grocery store in the square.

Castelsagrat to Gasques

Distance: 4.9km Duration 1hr 30min Total ascent 127m / total descent 97m - Difficulty : Easy

Cross the square (**Place de la Liberté**) and exit near the bakery onto '**Rue Louis Dupiech**'. After about **100m** turn left onto the '**Chemin des Catalpas**'.

After approximately **20m**, take the road on the right, signposted '**La Canelle**'. After about **50m**, carry straight on, along a grass track leading uphill.

At the top of the grass track, cross a tarmac road and carry straight on along a road signposted '**St. Clair**'. After about **1km**, at the top of the hill, you meet another road. Here carry straight on for another **1km**.

Turn right onto a tarmac track just before a water tower, leading to a house called '**Grand Roger**'. The tarmac track becomes a grass track. Follow this as it bends round to the left. Eventually you will cross a small road. Continue until you reach the village of **Gasques**. Turn left onto **D46** after a house called '**La Grange au Chêne**'.

Take a moment to appreciate the beautiful old Romanesque church, a former dependency of the Cluniac abbey of Moissac.