



Chemin de CLUNY : GUYENNE - GASCOGNE

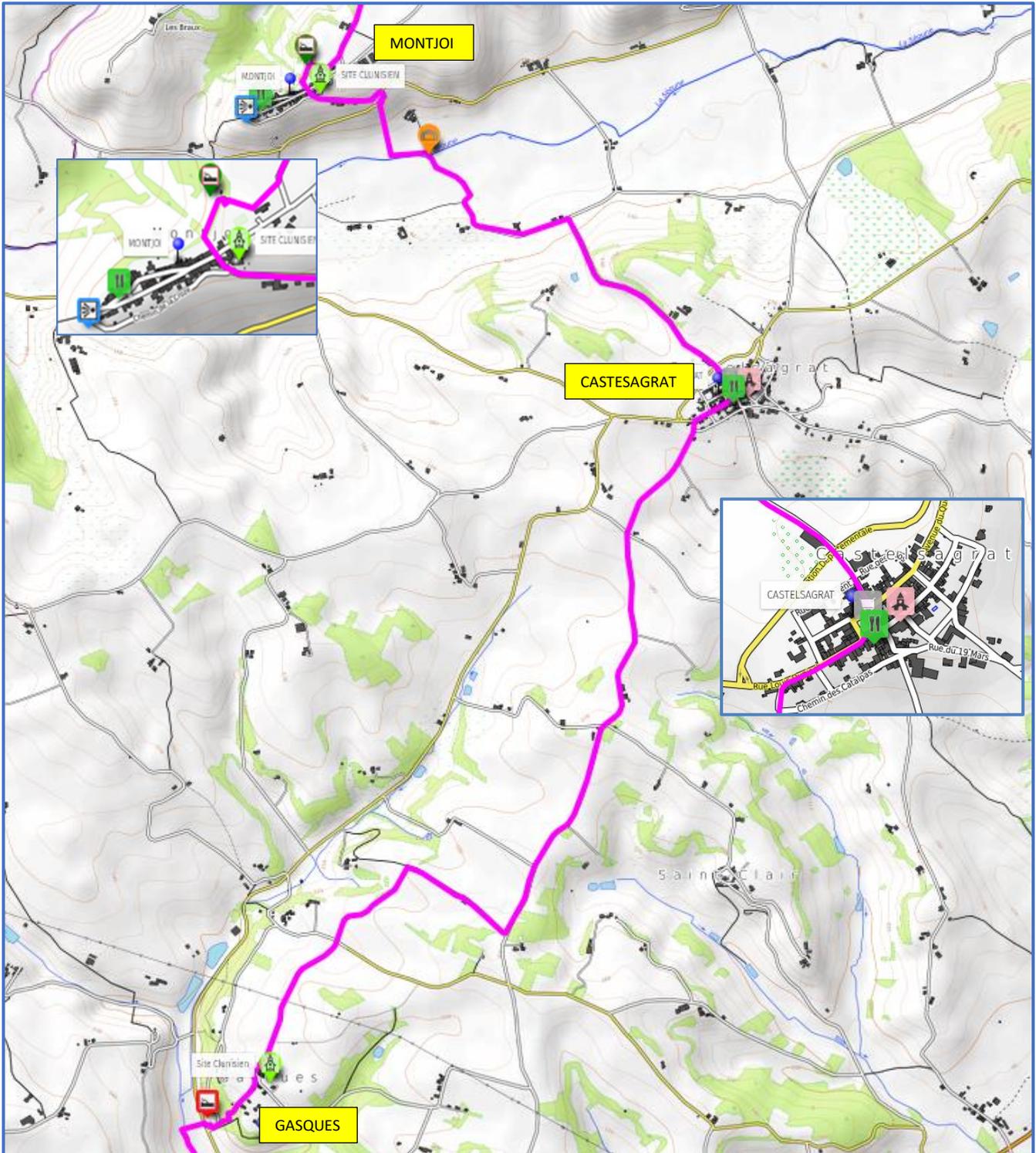


DIRECTION EAST-WEST : MOISSAC- AGEN



STAGE 4 A: Gasques – Castelsagrat - Montjoi

Section length: 8 km Allow: 2h40mn Heigth difference : +203m /- 190m – Difficulty : Medium



Waymarking: Red and green



Driving distance to Gasques is 32km from Agen and 21.5 km from Moissac

Parking: Large car with picnic benches, behind the church and the Mairie.

Start point: Church (Église du Bourg)

Gasques to Castelsagrat

Distance 4.9km Duration: 1hr 30min Total ascent 127m / total descent 97m Difficulty: Easy

Take a moment to appreciate the beautiful old Romanesque church, a former dependency of the Cluniac Abbey of Moissac.

Following the main road out of the village of Gasques, turn right onto a track near a house called '**La Grange aux Chênes**' (not far from the church). Carry straight on along this track, ignoring a turn to the right after **150m**.

The grass track crosses a small road (**D74**). Carry straight on along the grass track (which is also the 'GRP Quercy Pays de Serres'). After a while it bends to the right, and eventually becomes a tarmac track. Continue to the T-junction (shortly after a house) where it joins a road and turn left. Continue on this road for **2km** (passing straight over a cross road after **1km**).

Where the road comes to another T-junction, carry straight on along a grassy track towards the village of **Castelsagrat**. At the bottom of the grass track, you join a tarmac road where you carry straight on up the hill towards the village. Continue to the T-junction on main road. Turn right onto '**Rue Louis Dupiech**', which leads into the central square of Castelsagrat ('**Place de la Liberté**').

Castelsagrat – Montjoi

Distance: 3.1km Duration 1hr 10min Total ascent 78m / total descent 92m Difficulty: medium

The listed 14th century church of Castelsagrat with its magnificent altar is well worth a visit. The key is available from the grocery store in the square.

At **Castelsagrat**, go diagonally across the square ('**Place de la Liberté**') and follow the '**Rue de Plombis**' out of the square. At the 'Stop' sign at the junction, cross over a road (village by-pass) and carry straight on down a tarmac road passing the **Château de Plombis** on your right. Continue downhill for about **1km**.

At the bottom of the hill turn left onto another tarmac road (near a house called '**La Rivière**'). Continue for **400m**, and then turn right onto a grass track, just before a house ('**Garros**'). This track bends to the right after **90m** and leads to a stream ('**La Seoune**'). Cross over the stream on a small metal bridge which is slightly to the left. At the end of the bridge, turn left and follow the grass track for about **200m**, keeping the stream on your left.

Turn right onto a grass path (near a large oak tree). This turns into a small path leading straight up a steep hill between trees. At the top of the hill follow the path round until you reach a road (**D46**).

Turn right and follow the road around a bend to the left. This leads up the hill into the village of **Montjoi**.

Montjoi and its church of St. Martin were former dependencies of the Cluniac Abbey of St.Maurin. Montjoi is situated at the boundaries of the regions of 'Nouvelle Aquitaine' and 'Occitanie' and the départements of the 'Lot et Garonne' and 'Tarn et Garonne'.

It is well worth visiting the pretty fortified village ('bastide') of Montjoi. To do so, pass through the 14th Century stone arched entrance and walk along the road through picturesque medieval houses. At the end of the village continue past the green and you will come to a viewpoint overlooking the valley of the river 'Séoune'. Just below the viewpoint, follow a path to the left, which leads you below the village and back near the stone arched entrance. This path gives beautiful views of the surrounding countryside.